



# PRODUCT SPECIFICATION SHEET

Melinda's Gluten Free Goodies

## MGFG228: G/Free Vegan MIXED Large Muffins (100g x 20) Banana Vanilla, Lemon Curd and Salted Caramel

Scope	This specification covers commercially produced gluten free and vegan mixed flavours large 100g muffins (banana, lemon curd and salted caramel) for the foodservice and catering markets.
Purpose	The purpose of this specification is to cover the physical, compositional, handling, transportation, usage, storage and other parameters in relation to this product.

Product Description	100g x 20 large muffins – three flavours																																																
<b>Banana Vanilla Ingredients</b>  Gluten-free self-raising flour (maize starch, tapioca starch, <b>soy</b> flour, rice flour, raising agents (575, 501, 500)), caster sugar, <b>soy</b> milk, banana, dairy free margarine, vanilla bean natural flavour, fibre and emulsifier (481)	<b>Banana Vanilla NIP's</b>  <table border="1"> <thead> <tr> <th colspan="2">NUTRITION INFORMATION</th><th colspan="2">Prepared</th></tr> </thead> <tbody> <tr> <td colspan="2"><b>SERVINGS PER PACKAGE :</b></td><td colspan="2"><b>20</b></td></tr> <tr> <td colspan="2"><b>SERVING SIZE</b></td><td colspan="2"><b>100g</b></td></tr> <tr> <td colspan="2"></td><td>Qty PER Serve</td><td>Qty PER 100 g</td></tr> <tr> <td><b>ENERGY</b></td><td><b>kJ</b></td><td>1510</td><td>1510</td></tr> <tr> <td><b>PROTEIN</b></td><td><b>g</b></td><td>3.2</td><td>3.2</td></tr> <tr> <td rowspan="2"><b>FAT</b></td><td><b>TOTAL g</b></td><td>15.1</td><td>15.1</td></tr> <tr> <td><b>saturated g</b></td><td>9.5</td><td>9.5</td></tr> <tr> <td rowspan="2"><b>Carbohydrate</b></td><td><b>TOTAL g</b></td><td>52.3</td><td>52.3</td></tr> <tr> <td><b>sugars g</b></td><td>23.9</td><td>23.9</td></tr> <tr> <td><b>SODIUM</b></td><td><b>mg</b></td><td>249</td><td>249</td></tr> <tr> <td><b>Gluten</b></td><td><b>mg</b></td><td>None detectable</td><td>None detectable</td></tr> </tbody> </table>			NUTRITION INFORMATION		Prepared		<b>SERVINGS PER PACKAGE :</b>		<b>20</b>		<b>SERVING SIZE</b>		<b>100g</b>				Qty PER Serve	Qty PER 100 g	<b>ENERGY</b>	<b>kJ</b>	1510	1510	<b>PROTEIN</b>	<b>g</b>	3.2	3.2	<b>FAT</b>	<b>TOTAL g</b>	15.1	15.1	<b>saturated g</b>	9.5	9.5	<b>Carbohydrate</b>	<b>TOTAL g</b>	52.3	52.3	<b>sugars g</b>	23.9	23.9	<b>SODIUM</b>	<b>mg</b>	249	249	<b>Gluten</b>	<b>mg</b>	None detectable	None detectable
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<b>Lemon Curd Ingredients</b>  G/Free SR Flour (maize, tapioca, <b>soy</b> flour, rice flour, raising agents (575, 501, 500)), natural flavours, lemon curd (24%) (sugar, tapioca, <b>soy</b> milk, pure lemon juice, turmeric), vegetable oils, chia flour, fibre, emulsifier (481), vegetable gum (466, 461)	<b>Lemon Curd NIP's</b>  <table border="1"> <thead> <tr> <th colspan="2">NUTRITION INFORMATION</th><th colspan="2"></th></tr> </thead> <tbody> <tr> <td colspan="2"><b>SERVINGS PER PACKAGE :</b></td><td colspan="2"><b>10</b></td></tr> <tr> <td colspan="2"><b>SERVING SIZE</b></td><td colspan="2"><b>100g</b></td></tr> <tr> <td colspan="2"></td><td>Qty PER serve</td><td>Qty PER 100 g</td></tr> <tr> <td><b>ENERGY</b></td><td><b>kJ</b></td><td>548</td><td>1070</td></tr> <tr> <td><b>PROTEIN</b></td><td><b>g</b></td><td>0.6</td><td>1.2</td></tr> <tr> <td rowspan="2"><b>FAT</b></td><td><b>TOTAL g</b></td><td>5.5</td><td>10.9</td></tr> <tr> <td><b>saturated g</b></td><td>2.4</td><td>4.7</td></tr> <tr> <td rowspan="2"><b>Carbohydrate</b></td><td><b>TOTAL g</b></td><td>27.8</td><td>54.4</td></tr> <tr> <td><b>sugars g</b></td><td>14</td><td>27.5</td></tr> <tr> <td><b>SODIUM</b></td><td><b>mg</b></td><td>152</td><td>299</td></tr> <tr> <td><b>Gluten</b></td><td><b>mg</b></td><td>None detectable</td><td>None detectable</td></tr> </tbody> </table>			NUTRITION INFORMATION				<b>SERVINGS PER PACKAGE :</b>		<b>10</b>		<b>SERVING SIZE</b>		<b>100g</b>				Qty PER serve	Qty PER 100 g	<b>ENERGY</b>	<b>kJ</b>	548	1070	<b>PROTEIN</b>	<b>g</b>	0.6	1.2	<b>FAT</b>	<b>TOTAL g</b>	5.5	10.9	<b>saturated g</b>	2.4	4.7	<b>Carbohydrate</b>	<b>TOTAL g</b>	27.8	54.4	<b>sugars g</b>	14	27.5	<b>SODIUM</b>	<b>mg</b>	152	299	<b>Gluten</b>	<b>mg</b>	None detectable	None detectable
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<b>Approved by:</b> Melinda Trembath, Owner	<b>Date Issued:</b> 11 March 2025	<b>Replaces Issue:</b> New



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Melinda's Gluten Free Goodies

**MGFG228: G/Free Vegan MIXED Large Muffins (100g x 20)**

**Banana Vanilla, Lemon Curd and Salted Caramel**

<b>Salted Caramel Ingredients</b>	<b>Salted Caramel NIP's</b>			
G/F SR Flour (maize, tapioca, <b>soy</b> flour, rice flour, raising agents (575, 501,500)), sugar, natural flavour, vegan caramel (27%) (golden & glucose syrup, thickener (1442), vegetable fat, coconut cream (coconut, 415, 412, 407), humectant (422), salt, colour (150a), emulsifier (471, 433), preservative (202)), chia flour, rice protein, fibre, emulsifier (481), vegetable gum (466, 461)	NUTRITION INFORMATION			
	SERVINGS PER PACKAGE :		10	
	SERVING SIZE		100g	
			Qty PER serve	Qty PER 100 g
	ENERGY	kJ	654	1190
	PROTEIN	g	0.5	0.9
	FAT	TOTAL g	6.4	11.6
		saturated g	3.3	6.1
	Carbohydrate	TOTAL g	32.3	58.8
		sugars g	17.2	31.2
	SODIUM	mg	172	312
Gluten	mg	None detectable	None detectable	
Methods of Preservation	Frozen after production			
Pack Variants	100g x 20 large muffins – three flavours			
Packaging - Primary	Commercial foodgrade cake boxes with foodgrade instruction labels applied			
Storage Conditions	Keep frozen until the day of use			
Distribution Method	Frozen delivery truck. Place into freezer storage on receipt of orders.			
Shelf Life	12 months from date of manufacture.			
Customer Preparation	Serve at room temperature or heat for dessert item.			
Certification	HACCP			
Country of Origin	Product of Australia			
Carton Barcode	19340527002995			

Nutritional information provided is theoretical only and has been calculated from information obtained from suppliers' specifications and food composition tables. All information is offered in good faith, without guarantee or obligation for the accuracy or sufficiency thereof.

<b>Version 1.0</b>	<b>Documented by:</b> Melanie Ruane	<b>Page no.2 of 2</b>
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### Allergen Declaration

ALLERGEN	YES/NO	DESCRIPTION (if yes)
Cereals containing gluten and their products	No	
Yeast and derivatives	No	
Crustacea and their products	No	
Egg and egg products	No	
Fish and fish products	No	
Milk and milk products	No	
Tree Nuts	No	
Peanuts	No	
Sesame seeds	No	
Soybeans	Yes	Soy flour & soy milk
Added sulphites > 10/mg/kg	No	
Bee pollen	No	
Propolis	No	
Royal jelly present as a food or royal jelly present in food	No	
OTHER SENSITIVE SUBSTANCESPARAMETER	YES/NO	DESCRIPTION (if yes)
Corn and derivatives	Yes	Modified maize starch
Antioxidants BHA, BHT, tocopherols	No	
Flavour enhancers including MSG	No	
Artificial sweetener	No	
Preservative (s)	Yes	202
Antioxidant (s)	No	
Hydrolysed Vegetable protein	No	
Herbs and Spice extracts	NO	
Allium Genus (onion, spring onion, leek, garlic, other)	No	
Allium derivatives	No	
Legumes (beans, peas, lentils, bean sprouts)	No	
Animal and derivatives (animal flesh, bone stock, animal fat, gelatine, protein)	No	

#### Dietary status

Free from added MSG	Yes	Lacto-ovo	Yes
Free from artificial colour	Yes	Lacto-	Yes
Free from artificial flavouring	Yes	Vegan	Yes
Vegetarian	Yes	Suitable for coeliacs / gluten intolerant	Yes

#### Other Status

Kosher Suitable	Suitable, not certified
Halal Suitable	Suitable, not certified
Genetically modified	Non GMO
Irradiation	Not treated
Ethylene oxide	Not treated

<b>Version 1.0</b>	<b>Documented by:</b> Melanie Ruane	<b>Page no.3 of 2</b>
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